

Comprehensive Balanced Blend of  
Micro-Nutrients for Daily Wellness Support



# Daily

Provides "Cell-Ready" Essential Vitamins,  
Minerals and Elements In An Organic,  
Supercharged Ionic Form

Whole Food Phytonutrients, Antioxidants,  
and Other Nutrients to Support Optimal Cellular  
Health, Nutrition, and Detoxification

**100% Organic and Vegetarian • Non-GMO**  
"Supercharged" by Fulvic and Humic for  
Maximum Cellular Absorption



***Miri Vita***

1 Quart | 32 FL Oz



# Comprehensive Balanced Blend of Micro-Nutrients for Daily Wellness Support

## SUPPLEMENT FACTS

Serving Size: 1 fl oz (2 Tbsp)

Servings Per Container: 32

**SUGGESTED USE:** 1 oz Daily for Maintenance. May be taken with Food. Best if taken as a split dose in the morning and mid-afternoon. Avoid taking late in the day to avoid interference with sleep. Shake Well Before Every Use (settling is normal). Refrigerate After Opening. Avoid taking with Chlorinated Water. Keep out of Reach of Children. Do not use if pregnant or nursing unless instructed by a health care practitioner. Do not use if inner seal is broken.

PER 1 OZ SERVING	AMOUNT	DV%*
Calories	48	2.4%
<b>Total Carbohydrates</b>	11 g	2.0%
Sugars	4 g	**
Fat	< 1 g	< 1.0 %
Sodium	23 mg	< 1.0 %
Dietary Fiber	2 g	8.0%
Vitamin A (as beta-carotene)	4000.0 IU	80.0%
Vitamin B1 (as thiamine)	6.5 mg	433.3%
Vitamin B2 (as riboflavin)	11.7 mg	688.2%
Vitamin B5 (as d-calcium pantothenate)	35.0 mg	350.0%
Vitamin B6 (as pyridoxine HCl)	14.5 mg	725.0%
Vitamin B12 (as methylcobalamin)	100.0 mcg	1667.0%
Folic Acid	200 mcg	50.0%
Folate (5-MTHF as Quatrefolate®)	200 mcg	50.0%
Biotin	300.0 mcg	100.0%
Choline (bitartrate)	25.0 mg	**
Inositol	25.0 mg	**
Betaine HCl (Trimethylglycine TMG)	25.0 mg	**
Vitamin C (from PureWay-C® proprietary formation of ascorbic acid USP combined with lipid metabolites (fatty acids) from vegetable waxes and Bioflavonoids from Lemon Peel)	120.0 mg	200.0%
Vitamin D (as cholecalciferol)	600.0 IU	150.0%
Vitamin E (as mixed tocopherols)	30.0 IU	100.0%
Calcium (from plant source, fulvate, malate, gluconate, citrate) Elemental	300.0 mg	30.0%
Magnesium (from plant source, fulvate, malate, gluconate, citrate) Elemental	500.0 mg	100.0%
Zinc (as fulvate, sulfate, picolinate)	8.0 mg	40.0%
Selenium (as selenomethionine)	40 mcg	57.0%
Manganese (from plant source, fulvate and as chelate)	1.0 mg	50.0%
Chromium Polynicotinate	120 mcg	100.0%
Fulvic Acid	825.0 mg	**
Humic Acid	225.0 mg	**
Molybdenum (as fulvate and sodium molybdenate)	750 mcg	100.0%
L-Lysine (Mineral Potentiating amino acid)	100.0 mg	**
Boron (as chelate)	2.0 mg	**
Phosphorus (Tri-calcium phosphate)	30.0 mg	3.0%
Elemental Silica (from Silicon chelate and Horsetail Extract (equisetum arvense) 7% Silica) (aerial stems)	20.0 mg	**
Borage (source of gamma linolenic, linoleic, oleic, stearic, and palmitic fatty acids)	25.0 mg	**

### EXCLUSIVE PROPRIETARY NUTRIENT BLENDS SUPPORTING THESE KEY AREAS

Antioxidant Blend	720 mg	**
Goji (Lycium barbarum), Acai Berry extract (Euterpe oleracea mart), Ravacstral (trand) (Polygonum cuspidatum root), Coenzyme Q-10, Citrus Bioflavonoids, Wild Blueberry Vaccinium Angustifolium (fruit) Extract, Strawberry Fragaria chiloensis (fruit) Powder, Cranberry Vaccinium macrocarpon (fruit) Powder, Wild Bilberry Vaccinium myrtillus (fruit) Extract, Elderberry Sambucus nigra (fruit) Extract and Raspberry Rubus idaeus (seed) Powder, Rose Hips (Rosa canina) leaf, Green Tea extract, Banana, Kiwi, Mango, Pineapple, Orange, Grapefruit, Lemon, Lime, Cranberry, Cherry, Raspberry, Red Pepper, Plum, Apricot, Ginger, Broccoli, Spinach, Kale, Cabbage, Grape Seed and Grape Skin (vitis vinifera), Phlorotannin extract from Canary Island marine algae, ginseng bark and Alpine Tea		
Super Food Group	680 mg	**
Citrus Bioflavonoids; Bee Pollen (apis mellifica); Mangosteen extract (garcinia mangostana) Noni Extract (morinda citrifolia) (fruit), Pomegranate Extract (punica granatum), Pau d'arco (tabebuia impetiginosa), Spirulina (arthrosphaera platensis), Wheatgrass (Triticum vulgare) (leaf), Olive Leaf Extract (olea europaea) (5% oleuropein), Irish Moss (Chondrus crispus) (whole plant), Blue Green Algae (aphanizomenon flos-aquae), Horsetail Extract (equisetum arvense), Lithothamnium Calcareum, Cultivated Seaweed (lamnaria digitata)		
Digestive Health Blend	1,150 mg	**
NutraFlora SoFOS Probiotic Blend, Organic Plant Digestive Enzyme Blend (Amylase, Protease, Lipase, Cellulase, Lactase), Apple Pectin (malus domestica) (fruit), FibroSol-2 digestion resistant maltodextrin, Parsley (petroselinum crispum) (aerial part), Creonem (cremonium zylaticum) (Bark), FeruGeek® (trigonella foenum-graecum) (seed)		
Digestive Enzyme Blend	825 mg	**
Bromelain, Amylase (starch liquefying and digesting), Protease (protein solubilizing), Lipase (fat splitting), Cellulase (digestion of cellulose material), Lactase (milk and dairy digesting)		
Vision, Joint and Youth Regenerative Support Group	450 mg	**
MSM (Methyl-sulfonylmethane) 99.9%, TMG (as betaine anhydrous), GreenGrowth® Glucosamine HCl USP, Grape Seed Extract (vitis vinifera) (95% polyphenols), Rhodiola Rosea (3% rosvavins / 1% salidroside), Hyaluronic acid.		
Liver Cleanse & Detox	420 mg	**
Goji berry (lycium barbarum) extract, Suma (alfalfa paniculata), Alfalfa Extract (medicago sativa), Alpha Liponic Acid, Burdock Root (arctium minus)		
Cardiovascular Support Complex	325 mg	**
Hawthorn Berry (Crataegus crataegus) 4:1 Extract, Acai Berry (Euterpe oleracea mart) 4:1 Extract, Horse Chestnut (Aesculus hippocastanum) (seed), Red Korean Ginseng (Panax ginseng C.A. Meyer) (root), Ginkgo Biloba (24%), Eleuthero (eleutherococcus senticosus) (0.8% eleutherosides), Coenzyme Q10 (as ubiquinol), Garlic (allium sativum) (cloves).		
Amino Acid Group	580 mg	**
Alanine, Arginine, Aspartic Acid, Cysteine, Glutamic Acid, Glycine, Histidine, Isoleucine, Leucine, Lysine, Methionine, Phenylalanine, Proline, Serine, Threonine, Tyrosine, Valine		
Natural Carotenoid Blend	280 mg	**
Tomato-0-Red® and Lyc-O-Mato® (containing lycopene, beta-carotene, phytoene, phytyluene from natural tomato extract)		
Essential Fatty Acids	300 mg	**
Flax Oil (omega 3 fatty acid), Borage Oil (source of gamma linolenic, linoleic, oleic, stearic, and palmitic fatty acids), Evening Primrose (GLA), Vegetable Glycerin USP, Lecithin (providing phosphatides), Sorbitol Fatty Acid Esters		
Other Ingredients		
Purified Water, Aloe Vera Juice, Vegetable Glycerin USP, Agave Nectar (from Agave Cactus), Blueberry Juice, Elderberry Juice, Natural Flavors, Stevia (Stevia rebaudiana), Citric Acid, Natural Preservatives		

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.

\*\* Daily values not yet established.

This product is sourced from Non-GMO ingredients and does not contain any corn, sucrose, sugar, salt, starch, wheat, gluten, yeast, dairy, casein, or soy derivatives. There is NO artificial flavorings, colorings, or artificial preservatives. Suitable for vegetarians.

These statements have not been evaluated by the FDA. This product is a dietary supplement and not intended to diagnose, treat, cure, or prevent any disease.

For more information visit us at [www.mirivita.com](http://www.mirivita.com) or call 1-417-449-4220.